



BACK-TO-SCHOOL ROUTINE CHECKLIST



**Progress
Learning**

Use this checklist at home with your child to help them have a clear routine for school. Routines help them be ready for success! Use the empty options to adjust to your child's needs.



GOOD MORNING!

- Eat my breakfast
- Brush my teeth
- Wash my face
- Brush my hair
- _____
- _____
- _____



WELCOME HOME!

- Wash my hands
- Eat my snack
- Do my homework or extra learning practice
- Put away my backpack
- Do my chores
- _____
- _____



HAVE A GOOD NIGHT'S REST!

- Make my lunch for tomorrow
- Choose my clothes for tomorrow
- Brush my teeth
- Wash my face
- Brush my hair
- _____
- _____

