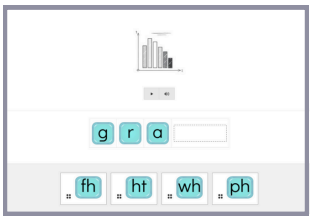
K-3 SOL-Aligned Phonics for Virginia

Progress Learning is a supplemental resource for K-3 students learning to read through the Science of Reading. Our foundational literacy provides differentiated and individualized instruction aligned to your state standards. We support students learning to read through intensive and relevant vocabulary and reading comprehension activities.



Kindergarten

Foundations for Reading and Writing

K.FFR.1.A & K.FFW.1.C Follow Words
K.FFR.1.BC & K.FFW.1.E Sentences, Words, and Letters
K.FFR.1.D Author and Illustrator
K.FFR.1.E Parts of a Book
K.FFR.1.F Sentence Features
K.FFR.2.A.i Segment Words in Sentences
K.FFR.2.A.ii Syllables in Words
K.FFR.2.A* Blending Syllables
K.FFR.2.A** Manipulating Syllables
K.FFR.2.B Onsets and Rimes
K.FFR.2.C Isolating Phonemes
K.FFR.2.D Phonemes in Single Syllable Words
K.FFR.2.D* Initial or Final Phonemes
K.FFR.3.A & K.FFW.1.B Capital and Lowercase Letters
K.FFR.3.B Letter-sound Correspondences
K.FFR.3.C Vowels
K.FFR.3.D Vowel Sound in Words
K.FFR.3.F Blending Words
K.FFR.3.F* Make New Words
K.FFR.3.EG & K.FFW.2.A Decode and Encode Words
K.FFR.3.H & K.FFW.2.C High Frequency Words

1st Grade

Foundations for Reading and Writing

1.FFR.2.B Blending Phonemes
1.FFR.2.C Segmenting Phonemes
1.FFR.2* Manipulating Phonemes
1.FFR.2** Short and Long Vowel Sounds
1.FFR.2*** Delete and Add a Syllable
1.FFR.3.AB.i Make New Words
1.FFR.3.AB.ii Consonant Blends
1.FFR.3.AB.iii Digraphs
1.FFR.3.AB.iv Trigraphs
1.FFR.3.AB.v VCe Words
1.FFR.3.AB.vi Inflectional Endings
1.FFR.3.AB.vii Contractions
1.FFR.3.AB.viii Additional Decoding and Encoding
1.FFR.3.AB.ix Silent Letter Combinations
1.FFR.C.i Vowels
1.FFR.3.C.ii R-controlled Vowels
1.FFR.3.D Syllables
1.FFR.3.E High-frequency Words

2nd Grade

Foundations for Reading and Writing

2.FFR.2.ABC Phonemes
2.FFR.2* Short and Long Vowel Sounds
2.FFR.3.A(i) Identify Vowels in Syllables and Words
2.FFR.3.A(ii) Initial Consonant Blends
2.FFR.3.A(iii) Final Consonant Blends and Double Consonants
2.FFR.3.A(vi) Digraphs
2.FFR.3.A(v) Three Consonant Blends
2.FFR.3.A(vi) Blends Containing Digraphs
2.FFR.3.A(vii) Trigraphs
2.FFR.3.B(i) Long Vowel Digraphs
2.FFR.3.B(ii) Sliding Vowel Diphthongs
2.FFR.3.B(iii) Vowel-r Combinations
2.FFR.3.C(i) Syllables
2.FFR.3.C(ii) Make New Words
2.FFR.3.C(iii) Final Stable Syllables
2.FFR.3.C(vi) Silent Letter Combinations
2.FFR.3.C(v) Additional Decoding and Encoding
2.FFR.3.C(vi) Contractions
2.FFR.3.C(vii) Compound Words
2.FFR.3.D(i) Prefixes
2.FFR.3.D(ii) Suffixes
2.FFR.3.D(iii) Inflectional Endings

3rd Grade

3.FFR.3.AB(i) Multisyllabic Words
3.FFR.3.AB(ii) Syllable Division Patterns
3.FFR.3.C(i) Prefixes
3.FFR.3.C(ii) Suffixes
3.FFR.3.D High-frequency Words
3.FFR.3* Sound-spelling Patterns
3.FFR.3** Compound Words, Contractions, and Abbreviations
3.FFR.3*** Homophones

Ready to learn more?

Visit www.progresslearning.com or contact us at info@progresslearning.com

Updated June 2025